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This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

There are millions of people who _____ themselves "doomed" to poverty and failure, because of some strange force over which they _____ they have no control. They are the creators of their own "misfortunes," because of this negative _____, which is picked up by the sub-conscious mind, and translated into its physical equivalent. (*Think and Grow Rich*)

These are two of my limiting beliefs:

1.

2.

These are the limiting words I use:

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These are the limiting people in my life:

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This is the truth about my limiting beliefs:

1.

2.

Metacognition is _____.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

_____ without works is dead.