

# Working Sheet 1: The Target

This side is yours. Nobody reads it and nobody grades it. Messy is correct — crossing things out is the work, not a mistake. You are not trying to be right yet.

## PART ONE

### The Line You'd Pick Today

*It does not have to be the right one. It just has to be written.*

The thing I'm going after

## PART TWO

### Is That Still It?

*If nobody had ever told you it couldn't be done — and that includes you — is it still that? Don't erase what you wrote above. Write that version here. If it comes out the same, write SAME and underline it. That is not a failure — it means you already had the real thing.*

The version I'd go after with the ceiling off

Now two passes. First instinct only — don't compose it.

- 1 There's a reason you wrote the first one first. Name it. Three words.  
*Too old. No money. Not qualified. No time. Too late.*
- 2 Cross out every reason you no longer believe. Two hard lines through it.

The reason I wrote the first one first — or, if SAME, why I haven't started it

Which line carries over to Part Three

**Crossed it out.** The bigger version is your line. If you wrote SAME, your line stays — what changed is the thing that was stopping you.

**Didn't cross it out.** Keep the first line, and write below what would have to change for that reason to stop being true.

*Be bold about the target. Be ruthless about the done test. How you get there is not tonight's question.*

# Making It Specific

A target nobody can grade isn't a target. "Write a book" can be true for twenty years without anything happening. This page turns the one you chose into something that can be finished. Drafts live here — nothing goes on your Proof Page until it's settled.

## PART THREE

### The Done Test

*Two different lines. The target is the thing itself. The done test is the evidence that it happened — all of it, not part of it.*

#### TOO VAGUE

Make some extra money

Write a book

Get out of debt

#### THE THING I'M GOING AFTER

A side business paying me \$2,000 a month

A finished book with my name on it

Every credit card at zero

#### I'LL KNOW I'VE DONE IT WHEN

Three months in a row over \$2,000

I'm holding a printed book with my name on it

All cards read \$0 and I've carried no balance for three statements

#### Two ways a done test goes wrong

**The partial.** One card at zero when you have ten. That's progress, not done.

**The first step in disguise.** "Enrolled" is not "graduated." If it starts the thing, it belongs in Block Three.

#### The thing I'm going after

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#### I'll know I've done it when

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**We settle this Thursday.** Then it goes on My Proof Page, Block One — first thing on the page.

## PART FOUR • IN THE NEXT 48 HOURS

### What I Can't Settle On My Own

Put your Wins page beside this one and answer the three questions on the back of it. Then these. Everything above you can do alone — these you can answer badly alone and well with someone who has done it looking at your answer.

**My draft — and whether it needs to be bolder**

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**What makes me unsure I chose right**

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**The real reason I haven't started this already**

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BEFORE THURSDAY, SEND PART FOUR TO

**support@asamanthinketh.net**

Subject line: **Momentum Question**